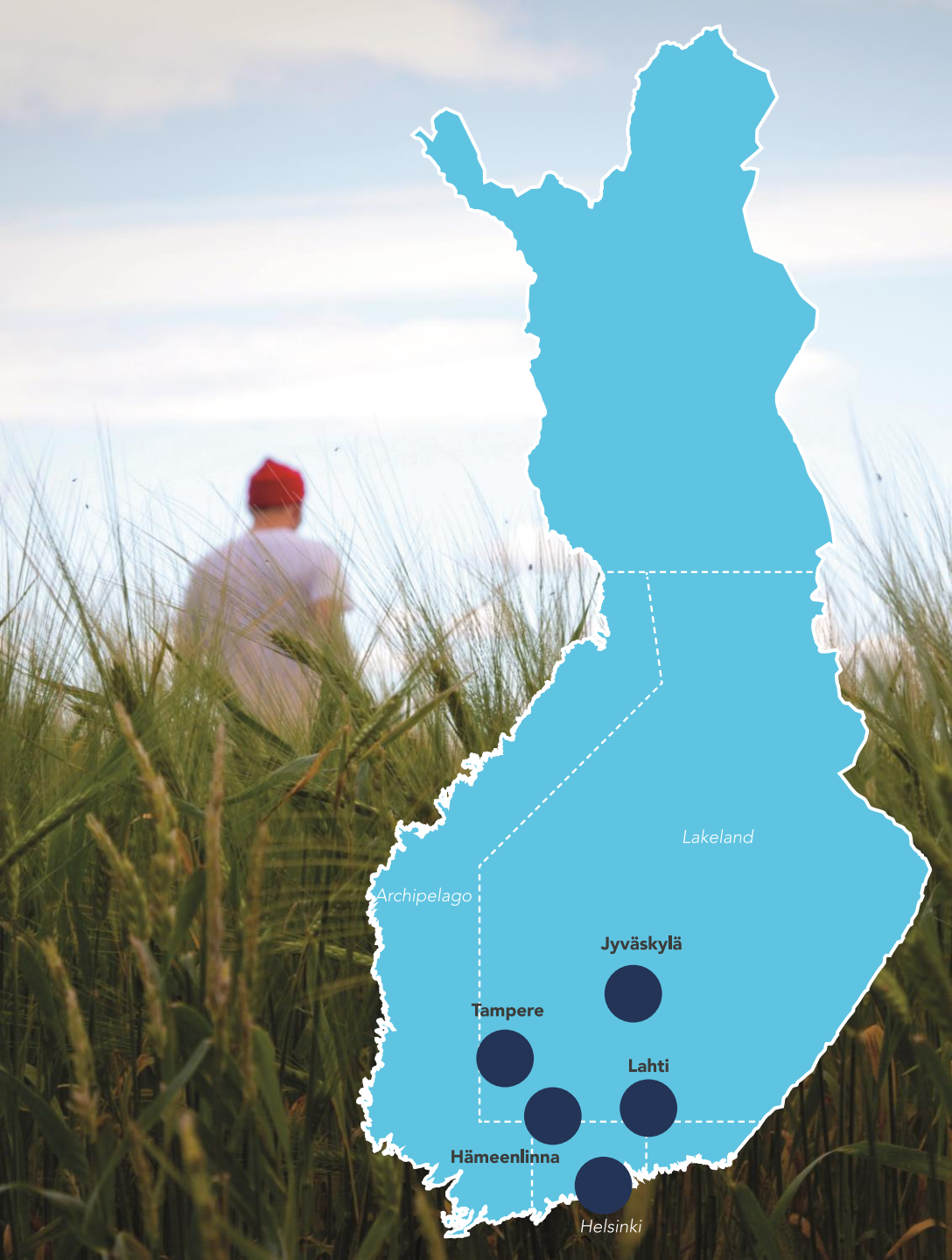


Finnish Lakeland – Häme Region

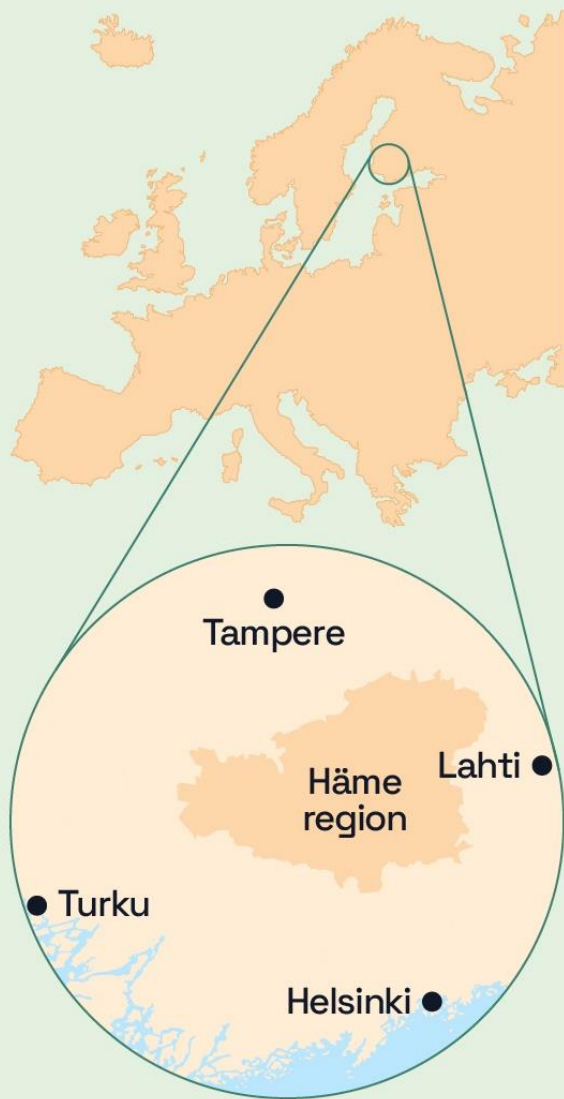
The Heartland of Happiness





Lakeland Finland

- By train from Helsinki
 - To Hämeenlinna 1 h 8 min
 - To Tampere 1 h 30 min
 - To Jyväskylä 3 h 15 min
- By car
 - From Helsinki to Hämeenlinna 1 h
 - From Hämeenlinna to Tampere 45 min
 - From Tampere to Jyväskylä 2 h
 - From Helsinki to Jyväskylä 3 h min



Visit ♥ Häme

Culture & History



Glass & Design



Sauna



Meetings & Events



Nature & Nature activities



Restaurants



Accommodation



Golf





Häme Castle and The Prison



Häme Castle

- Best preserved medieval brick castle in the Nordic countries, built in 13th century.
- The hidden places of the castle guided tour.
- Workshops for study groups
- Escape from castle game and escape rooms
- Historical Ox Road from Turku Castle to Häme Castle Old Churches – cycling route
- Medieval Festival

The Prison

- Finland's largest prison museum
- Finland's first prison with cells, built in 1871, operated until 1993. The prison was turned into a museum in 1997.
- The Prison examines the history of criminal sanctions and prison life by.



Museum Militaria, The Parola Armour Museum and Hunting Museum of Finland



Museum Militaria

- Showcases Finland's military heritage.
- Visitors can explore the large collection, enjoy multilingual guided tours, and participate in special exhibitions and events that provide deeper insights into Finnish military history.

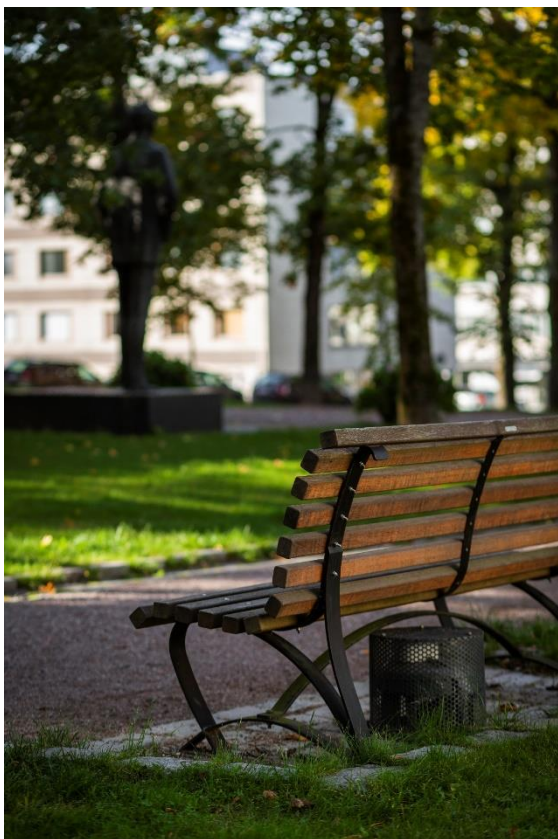
The Parola Armour Museum (Panssarimuseo)

- Museum is dedicated to armored warfare and it showcases over 70 vehicles, including tanks, armored cars, and a unique armored train.
- Guided tours, special events, café

The Hunting Museum of Finland

- The Hunting Museum of Finland in Riihimäki showcases over 10,000 years of Finnish hunting history.
- Its exhibits include ancient hunting techniques, traditional tools, and displays on fur trading.

The Birthplace of Jean Sibelius



- Sibelius was born in Hämeenlinna 160 years ago
 - Sibelius and Hämeenlinna
- Birthplace of Jean Sibelius as a Museum - the exhibition will be renewed in 2025.
 - Guided tours
 - Opportunity for a concert at Sibelius' birthplace.
- Sibelius Park with musical benches nearby
- The school where Sibelius used to study
- Sibelius Forest with the scenery where Sibelius got his inspiration for his music

Experience Glass Design



Häme is famous of glass design, industry and glassblowing history.

The knowledge, craft and skills of handmade glass production is part of the UNESCO's Representative List of Intangible Cultural Heritage of Humanity.

The Finnish Glass Museum in Riihimäki

- The Finnish Glass Museum presents the history of glass dating back over 4,000 years and the 300-year history of Finland's glass industry.
- Finnish Glass Biennale 2027
- Glass Studios and glassblowing experiences.

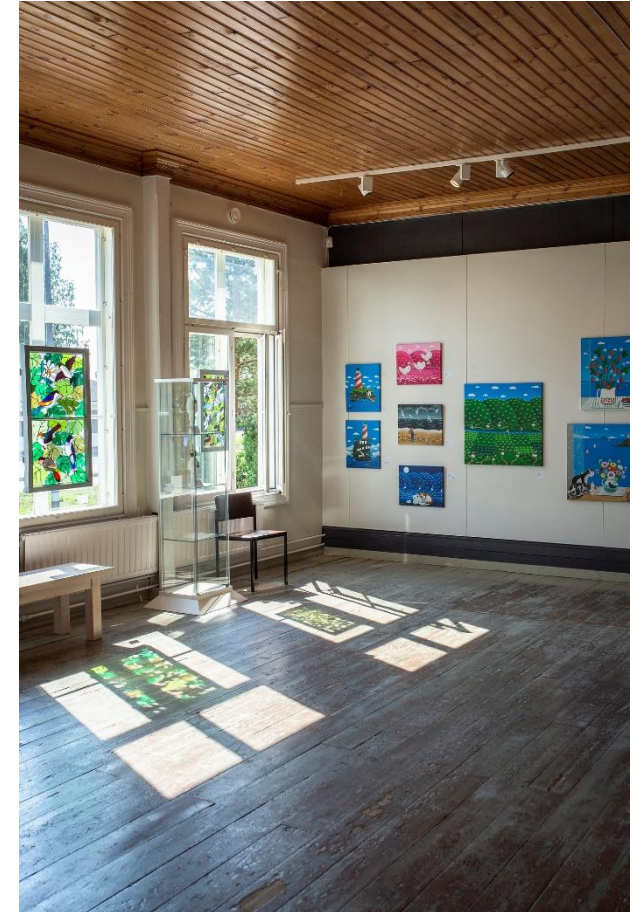
Iittala glass factory and Iittala Village

- The story of Iittala began in 1881, when the glass factory was first founded in the village.
- Even today, the skilled glass blowers at the factory make, among other things, Finland's most internationally famous glass object, Alvar Aalto's Aalto vase.
- Sites in the Iittala Village: Iittala Glass Museum, Iittala Glass Factory, Iittala Outlet, Handicraft stores and café.

Naive Art Exhibition

Naïve Art Exhibition

- The Iittala Centre of Naive Art is located in the old wooden two-storey school house right next to the Iittala Glass Centre in Iittala Village.
- Naive art has a childlike tendency. The paintings are usually dreamlike and almost surrealistic with fantasy themes.
- Summer Exhibition: From May to August, open daily from 10:00 AM to 7:00 PM.
- Winter Exhibition: From November to March, open Friday to Sunday, from 11:00 AM to 5:00 PM, with group visits available on weekdays.



Textile Design and Handicrafts



- Forssa Museum & Pattern Center are located in the historical Spinning Mill – at the birthplace of the city of Forssa.
- Experience the textile industry and handicraft traditions.
 - Guided tours in the museum, Pattern center and the Spinning mill area
 - Forssa Textile Week
- Wetterhoff in Hämeenlinna
 - House of Arts & Creative Handicrafts
 - Rya workshops

Aulanko Nature Reserve



- Nature destination by public transportation
- Aulanko Nature Reserve and Sibelius Forest are part of Hämeenlinna National Urban Park
 - The view from the Aulanko scenic outlook is said to have inspired the famous composer Jean Sibelius.
- Nature trails, canoeing, horse riding, biking routes and golf.
- Activities
 - Spa Hotel
 - Horse stable
 - Two golf courses
 - Aulanko Outdoors – guided activities and equipment rental
 - Hugo park – three top climbing
 - Aulanko Nature activity center – café and activities
 - Aulanko tower café
 - Guided tours





Experience Two National Parks



- Liesjärvi National Park

- Forest of varying ages, Kyynäräharju ridge between lakes, rich bird life
- Korteniemi Heritage Farm shows how people used to live in rural Finland.
- Several marked trails (1,5 km – 5 km) linked to the Häme Ilvesreitti trails that extends over more than 200 km.
- Accessible trail 3,8 km.

- Torransuo National Park

- Piece of Lapland one hour from Helsinki. Torronsuo is Finland's deepest swamp.
 - Marked duckboard trails: 1,5 km trail or 10 km circle route.
 - Accessible trail 650 m.
- Plus 16 other nature parks and 785 lakes!

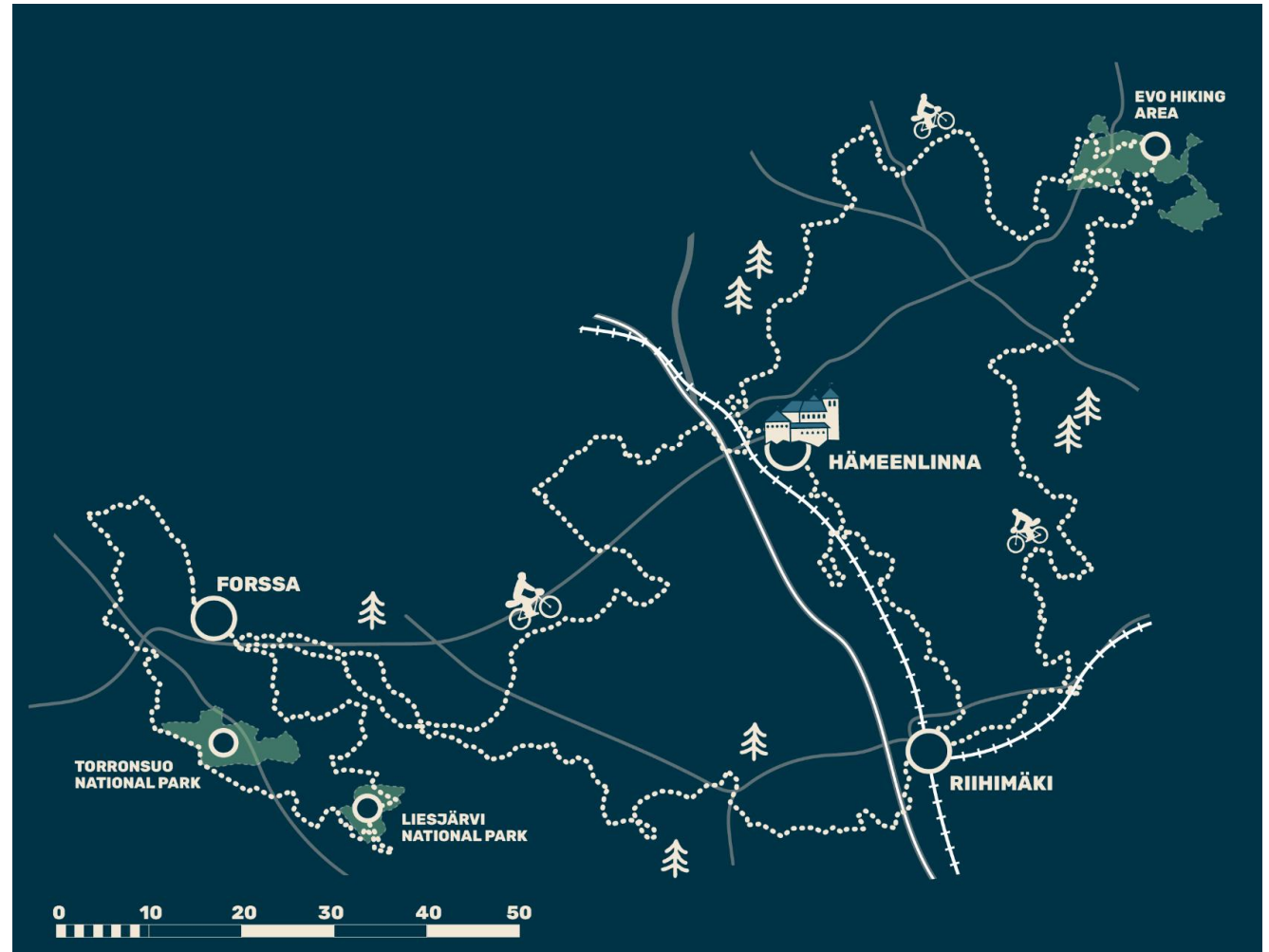
Nature Routes and Experiences

- Different kinds of hiking, biking and canoeing routes in Häme region
- Häme Lynx trail 270 km
- Biking trails
 - Ox road of Häme gravel biking route 70 km
 - Liesjärvi national park Häme lynx trail biking route, 19,6 km
 - Kiipula mountain bike trail, 10,7 km
 - Kalvola church trail gravel biking route, 51,7 km
- Canoeing routes
 - Vanajavesi 3-7 days
 - River Loimijoki 2-5 days
 - River Kaartjoki 4 hours
- Nature activities and experiences
 - Companies: Aulanko Outdoors, Elsi Luontopalvelut, Vihreät Tassut, Seastar Events, JE Fishing



Visit Häme by Cycle Gravel & Bikepacking Routes

- The main route is divided into 4 routes of different lengths:
 - Viking's route 560 km
 - Odin's journey 140 km
 - Hulder's journey 265 km
 - East Strider's trail 260 km
- In addition, 2 day trip routes
 - Evo Green Gold Gravel Loop 35 km
 - Tiny's Sisu Loop 12 km
- 7 train stations along the route
- More information about the routes



Visit Häme Lake Cruises



- Pirkkalines

- Itinerary sightseeing cruises (about 2 hours) in Hämeenlinna on Thursdays.
- Charter Cruises for groups. Menus and activities available.
- M/S Helena for 50 passengers. Small bar with snacks and refreshments.

- Hopealinja

- Itinerary day and evening cruises in Hämeenlinna from Monday to Wednesday.
- Cruise from Tampere to Hämeenlinna on Monday and from Hämeenlinna to Tampere on Wednesday.
- Silver Moon for 220 passengers. Bar with snacks and refreshments.

- Other lake and water experiences!

Family Experiences and Activities

- Puuhamaa

- The Puuhamaa day ticket includes all activities in the Puuhamaa area, including the water park.
- Puuhamaa has plenty of activities for all ages. Various play yards and rides, bouncy castles, carousels, slides and pools in the waterpark! Check out!
- Open from beginning of June until beginning of August.

Other activities for families:

- Jokioinen Museum Railway
- Ahvenisto activity park
- Guided Forest Walks with donkeys
- Elonkierto park with animals





Experience Sauna



- Viking sauna world in Humppila
 - Seven different saunas, one of them even up in the tree!
 - Specially for groups
- Hevossilta traditional Finnish saunas
- Vanai Bistro & Bastu – experience sauna and dinner + drinks near the city center in Hämeenlinna
- Olympic sauna in Aulanko
- Jalo-lautta in private lake in Loppi
- Coming: public sauna Lauteet Hämeenlinna



Experience the Taste of Häme



- Hotel Vanajanlinna, Hämeenlinna
 - Hotel Vanajanlinna is an award-winning and respected meeting, event and party venue. Throughout the ages, Vanajanlinna has served its guests with delicacies made from locally produced ingredients and prepared by top chefs .
- Restaurant Piparkakkutalo, Hämeenlinna
 - Restaurant Piparkakkutalo (Gingerbread house) is a traditional, high-quality restaurant located in historical building in Hämeenlinna city center.
- Restaurant Uoma, Hämeenlinna
 - In Uoma, we approach quality handcrafted food with a relaxed feel. The cuisine focuses on Nordic ingredients, respecting the tastes of the rest of the world.
- Miller's BBQ, Hämeenlinna
 - Barbecue restaurant in the atmospheric old mill offers a variety of high-quality smoked meats and a diverse selection of suitable side dishes
- Restaurant Popino, Hämeenlinna
 - Known for our unique pizzas and extensive à la carte menu, in the center of Hämeenlinna.



Experience the Taste of Häme



- Lepaa winery
 - Lepaa winery has guided tour in the production area and in the garden.
- Brewery Olutmylly
 - Brewery tour about local craft beer production. The tour continues with a tasting that provides an introduction to beer flavour profiles.
- Vanai Bistro & Bastu
 - Experience sauna and dinner + drinks near the city center in Hämeenlinna
- Restaurant Le Blason
 - Le Blason emphasizes French cuisine with respect for locality. Beautiful Lakeside views.
- Tiirinkoski Café & Lifestyle shop
 - Café's products feature ingredients sourced directly from Tiirinkoski farm. Famous waffles from fava beans.



Experience Golf



- Linna Golf
 - Ranked 86th in Europe's top 100 golf course list.
- Aulanko Golf
 - Two courses in Aulanko
 - 20 minutes from Linna Golf
 - Finland's oldest golf course Hugo
- Tawast Golf
 - 5 minutes from Linna Golf
- Hattula Golf and Lepaa Golf
 - Two courses in Hattula next to Hämeenlinna
 - 30 minutes from Linna Golf
- Ypäjä Golf
 - Next to Forssa
 - 1 hour from Linna Golf

Vanajanlinna Manor Hotel



- Hotel Vanajanlinna, Hämeenlinna

- 100 year old Vanajanlinna is a high-class venue for meetings, various events and celebrations as well as hotel, restaurant and golf destination for individual travelers and golf enthusiasts.
- Vanajanlinna is surrounded by breathtaking nature on the shores of Lake Katumajärvi – just 10 km from the city center.

- Restaurants

- Restaurant Carl Wilhelm provides exceptional dining experiences, combining locally sourced Finnish ingredients with international culinary influences.
- Club restaurant Slotte is open during the golf season from May to October. The restaurant serves easy-going, tasty food with a modern touch, free from unnecessary refinement.

- Accommodation

- Vanajanlinna offers high-quality accommodations combining modern comfort and historic charm, with 200 beds available.

- Saunas

- Four different saunas: the castle sauna, lakeside sauna, and club sauna, all located within the estate. Additionally, a traditional Finnish smoke sauna is available on the shore of Lake Sääjärvi, approximately 12 km from Vanajanlinna.

Visit Häme The Terwa



- The Terwa, Loppi

- The Terwa – Nordic Hideaway offers a unique combination of historic manorhouse atmosphere, modern comfort and natural luxury. Our accommodation options provide a high-quality setting for relaxation, celebration and work.
- The Terwa is located on the shore of Lake Kaartjärvi, in the municipality of Loppi. It takes only about an hour from Helsinki or Helsinki-Vantaa Airport.

- Food and Drinks

- Pre order breakfast, lunch or dinner from the restaurant.

- Accomodation

- There are a total of 14 accommodation units with double rooms for up to 28 persons .
- Accomodation in the manor house and villas and cottaes.

- Experiences

- Sauna by the lake Kaartjärvi.
- Nature and hiking trails nearby.
- Different acitivities like canoying, standup paddling, biking and hiking.

- Iloranta farm
 - Iloranta countryside resort surrounded by forests, fields and lakes.
 - Accommodation with full-board. We serve you authentic and uncomplicated Finnish food, locally produce.
 - Finnish countryside at Hämeenlinna.
 - Open all year.
- Soft activities
 - Forest bathing, forest walking and mindfulness in nature
 - Rye-bread baking and fishing.
 - Experience the quiet and darkness
 - Sauna experience
- Educational travel programs
 - Sustainability
 - Phenomenon based learning
 - Diving into Finnish nature, culture, history and educational system





Sokos Hotel Vaakuna



- Sokos Hotel Vaakuna Hämeenlinna – The happiest lake hotel in Finland
 - Hotel has been fully renovated and opened in August 2025.
 - Original Sokos Hotel Vaakuna is a sincerely relaxed hotel for happy guests on the shore of Lake Vanajavesi.
 - In the hotel you can find local history and design from glass, metal and wood.
 - Only 5 min walk from Hämeenlinna train station.
 - Hotel has 123 rooms and 200 beds.
 - Restaurant Le Blason emphasizes French cuisine with respect for locality. From the restaurant you have beautiful view to the lake.

Scandic Aulanko & City

- Scandic Aulanko

- Spa hotel in the the Aulanko cultural landscape on the shore of Lake Vanajavesi. Hotel is located next to the nature reserve area and you can also easily arrive with public transportation.
- Scandic Aulanko spa is place to relax and enjoy the peaceful lake scenery. There is different pools and saunas you can enjoy
- Hotel has 244 rooms and 400 beds.
- Aulanko A la carte restaurant, Café & Bar Karlberg, Summer café Kavaljeeri and also lobby and pool bars.
- A lot of activities: Bowling, minigolf, horse stables, tree top climbing park, golf courses and nature activities.

- Scandic City, Hämeenlinna

- A cosy and versatile hotel in the in Hämeenlinna city centre.
- Hotel has 100 rooms and 200 beds.
- Torilla A la carte restaurant and Kummeli bar.





- Hotel Emilia private owned hotel and it has been renovated 2023.
 - A cosy, family-run city hotel in the heart of Hämeenlinna.
 - 41 rooms and 100 beds.
 - All rooms are made with fabrics from Marimekko, in patterns and colours that vary from room to room.
- Restaurants: Breakfast restaurant in the hotel and Restaurant Piparkakkutalo, Pub Albertin Kellari and Bar Skogster in Hämeenlinna city center.

- B&B Matin ja Maijan majatalo

- Built in 1923, the protected building of Bed and Breakfast Matin ja Maijan is located in the centrum of Hämeenlinna on the Eteläkatu street, rich in history and stories.
- Six luxurios rooms, three larger ones and three smaller ones. Each room is uniquely furnished and have their own bathrooms.
- Breakfast is served in the café Villa Marenki, old house next door..



- Villafors, Forssa

- Villafors is a manor-like villa in the city center of Forssa. Villa is located next to the old factory area in the wonderful Wahren park, on the banks of the sparkling Loimijoki.
- Accommodations for about 11-15 people in six bedrooms.
- Events, meetings, trainings and retreats.



- Other unique accommodation

- Myllytalo
- Inkala Manor



Cottages



- Leppäniemen Hirsihuvilat

- Leppäniemi situated in Hauho, Hämeenlinna. It is a family-owned business with sisters on a farmside.
- A unique, nature-respecting ancestral estate offers cottage experiences on the shore of large lake.
- Leppäniemi has 13 villas all together accommodation for 120 persons. Traditional Mökki built by their father, using wood from their own forest.
- Activities; Frisbee golf, fishing, outdoor activities in summer and winter times.

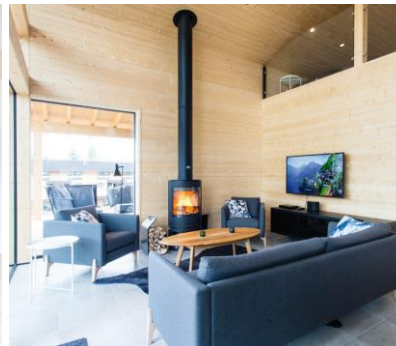
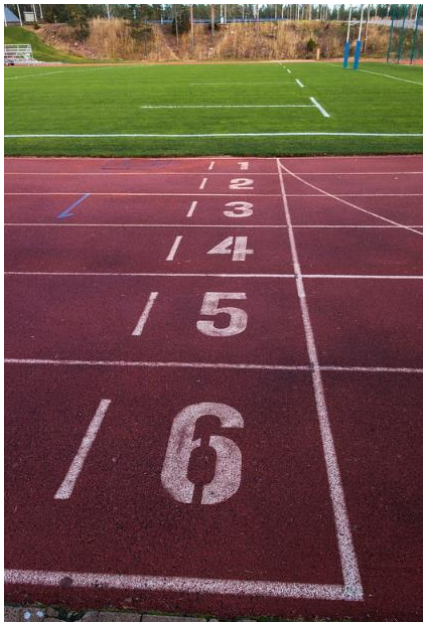
- Kriipi's guest houses

- Kriipi's guest houses are located near Hämeenlinna.
- Family small owned company and we are dedicated to offer you friendly and unique service. Family lives also in the same farm estate.
- Three cottages by the lake.

- Other rental cottages:

- Jalavaniemi
- Tiirinkoski farm
- Villa Hahkiala
- Piece and Privacy

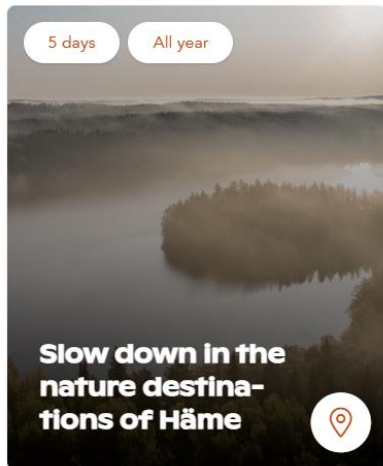
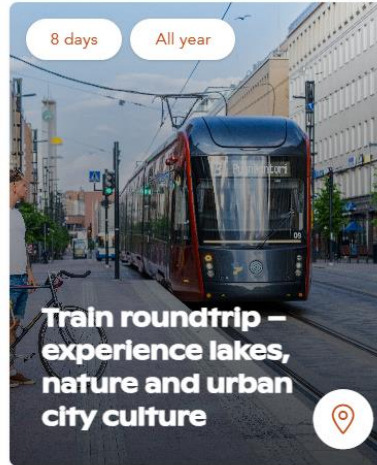
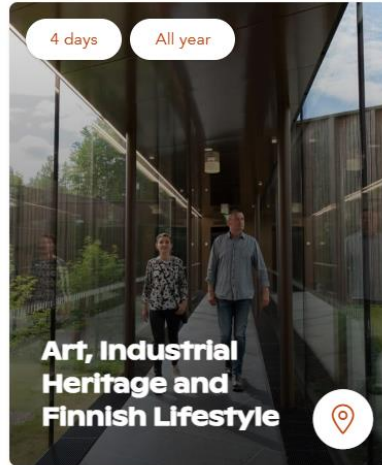
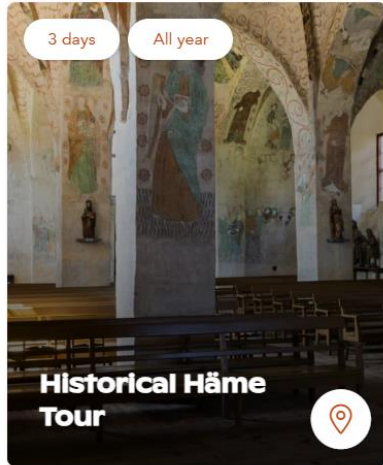
Eerikkilä Sport & Outdoor Resort



- Eerikkilä Sport & Outdoor Resort
- Next to the Ruostejärvi Recreation Area and two national parks.
 - Next to Torronsuo and Liesjärvi National parks.
- Wide range of rental equipment and guided services.
 - Resort pass includes activities and equipment.
 - All access sport and wellbeing holiday includes the resort pass.
- Accommodation possibilities
 - Villas
 - Holiday apartments
 - Hotel
- Restaurant, indoor and outdoor sports and sauna services.



Lakeland Tours



- Ready-made touring itinerary suggestions
- Covering the entire Lakeland region
- Themed itineraries, including food, nature, history, and cultural heritage
- Options available for both car and train travel
- [Visitlakelandfinland.com](https://www.visitlakelandfinland.com)

Meetings & Events

- Verkatehdas, Participant capacity: 1200, Dining capacity: 700
- Vanajanlinna, Participant capacity: 500, Dining capacity: 500, Accommodation capacity: 200
- Sokos Hotel Vaakuna, Participant capacity: 300, Dining capacity: 300, Accommodation capacity: 250
- Scandic Aulanko, Participant capacity: 800, Dining capacity: 400, Accommodation capacity: 400
- Häme Castle, Participant capacity: 150, Dining capacity: 150
- The Terwa, Participant capacity: 200
- Eerikkilä Sport & Outdoor Resort, Participant capacity: 120





Hämeenlinna Congress

- Hämeenlinna Congress is a fully-fledged event and conference sales and marketing.
- Karita Toivanen will help you find the right venue and the right services for your event in Hämeenlinna, free of charge. We know Hämeenlinna and are happy to help.



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Experience Events

- Tom of Finland musical in Hämeenlinna 2026
- Häme Medieval Festival
- Car events in Ahvenisto Race Circuit and Forssa Pick-Nick
- Forssa Textile week and Finnish Glass Biennale
- Visit Häme – all festivals and events



Visit
♥ Häme

THANK YOU!

www.visithame.fi

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